There's more to hiking in Phoenix than fighting crowds on Piestewa Peak and Camelback Mountain. Our recommended hikes get you on great trails with plenty of elbow room.

Leave No Trace
Outdoor ethics for the frontcountry

**KNOW BEFORE YOU GO**
- Be prepared! Remember food, water, and clothes to protect you from the cold, heat and rain.
- Use maps to plan where you’re going. Check them along the way so you’ll stay on course and won’t get lost.
- Remember to bring a leash for your pet and plastic bags to pick up your pet’s waste.
- Learn about the areas you plan to visit. Read books, check online and talk to people before you go. The more you know, the more fun you’ll have.

**STICK TO TRAILS**
- Walk and ride on designated trails to protect trailside plants.
- Do not step on flowers or small trees. Once damaged, they may not grow back.
- Respect private property by staying on designated trails.

**TRASH YOUR TRASH AND PICK UP PET WASTE**
- Pack it in, Pack it out. Put litter – even crumbs, peels and cores – in garbage bags and carry it home.
- Use bathrooms or outhouses when available.
- Use a plastic bag to pack out your pet’s poop to a garbage can.
- Keep water clean. Do not put soap, food, human or pet waste in lakes or streams.

**LEAVE IT AS YOU FIND IT**
- Leave plants, rocks and historical items as you find them so others can enjoy them.
- Treat living plants with respect. Carving, hacking or peeling plants may kill them.

**BE CAREFUL WITH FIRE**
- Smoking permitted only in enclosed vehicle.

**KEEP WILDLIFE WILD**
- Observe wildlife from a distance and never approach, feed or follow them.
- Human food is unhealthy for all wildlife and feeding them starts bad habits.
- Protect wildlife and your food by securely storing your meals and trash.

**SHARE OUR TRAILS AND MANAGE YOUR PET**
- Be considerate when passing others on the trail.
- Keep your pet on a leash to protect it, other visitors and wildlife.
- Listen to nature. Avoid making loud noises or yelling. You will see more wildlife if you are quiet.
- Be sure the fun you have outdoors does not bother anyone else. Remember, other visitors are there to enjoy the outdoors too.

For more information on Leave No Trace, please visit [www.LNT.org](http://www.LNT.org) or call 1.800.332.4100

**Desert Regulations**
Phoenix mountain preserves are open, undeveloped desert areas. Hikers can encounter rocky terrain, rattlesnakes and other potential hazards native to the Sonoran Desert. Staying on trails and observing trail etiquette will help to ensure that your preserve outing is a safe one.

Always stay on a designated trail. Phoenix city ordinances prohibit trailblazing.

In general, bike riders yield to both hikers and horseback riders; hikers yield to horseback riders. However, for all trail users, downhill yields to uphill. Use common sense and courtesy while on the trails.

Announce your intentions and slow your pace when passing someone on the trails. Destruction or removal of plants, animals, historical, prehistoric or geological sites are prohibited.

**Park & Preserve Locations**

- **Arizona Horse Lovers Park**
  19224 N Tatum Blvd
  602.534.4656

- **Camelback Mountain**
  5950 N Echo Canyon Parkway
  602.261.8318

- **Deem Hills**
  27500 N 39th Avenue
  602.262.7901

- **Papago Park**
  625 N Galvin Parkway
  602.261.8318

- **Phoenix Mountains Preserve**
  602.261.8318

- **Pueblo Grande Museum**
  4619 E Washington Street
  602.495.0901

- **Rio Salado Habitat Restoration Area**
  641 W Buckeye Road
  602.262.6863

- **Sonoran Preserve**
  W. Melvem Trail and W. Desert Vista Trail
  602.262.7901

- **South Mountain Park**
  Main gate 10919 S Central Avenue
  602.262.7393

**Desert Parks and Preserves Information**
natural.resources.pks@phoenix.gov or 602.495.5458 phoenix.gov/parks/index.html

This publication can be provided in an alternate format upon request.
Call 602.262.6862 (voice) or 602.262.6713 (tty),
602.534.3787 (fax), E-mail: receptionist.pks@phoenix.gov

The City of Phoenix does not carry accident insurance to cover participants. Involvement in any activity is done at the participant’s own risk.

The City of Phoenix prohibits discrimination on the basis of race, ethnicity, national origin, sex, religion, age, sexual orientation, or disability in its services, programs and activities. Anyone who believes he or she has been discriminated against may file a complaint with the City of Phoenix Equal Opportunity Department.
**DEEM HILLS**

**Deem Hills Circumference Trail**

**Distance:** 5.75 mile loop

**Rating:** Moderate to Difficult

**Directions to trailhead:** Enter South Mountain Park by taking Central Avenue south from Baseline Road. Take an immediate left turn after the gatehouse. Drive 1/4 mile to the Holbert Trail kiosk. Holbert Trail takes you up to Dobbins Lookout. Make sure to follow the signs to the right when you get near the top. Return to the trailhead the same way. There is plenty of parking at the trailhead, and restrooms and water are available. Dobbins Lookout has one restroom and no water.

**Kiwanis Trail**

**Distance:** 1 mile one way

**Elevation gain:** 800 feet

**Rating:** Moderate

**Directions to trailhead:** Enter South Mountain Park at Central Avenue. Take entrance road straight past the first gatehouse and ranger station. The road will dip in to a major wash. Turn left coming out of the wash, and drive .25 mile to a fork in the road. Stay to the left, and drive .25 mile to the Kiwanis Trailhead. Kiwanis Trail takes you up to Telegraph Pass. There is parking at Kiwanis Trailhead and a restroom to the north. There is no water at Telegraph Pass. Hikers can get water at the ranger station.

**NORTH MOUNTAIN**

**Trail 100 – Christiansen Memorial Trail**

**Distance:** 10.7 miles one way

**Elevation Gain:** 790 feet

**Rating:** Easy to Moderate

**Directions to trailhead:** Large parking area located at the North Mountain Visitors Center on the west side of 7th Street, between Peoria and Thunderbird roads. Many users choose to hike or bike sections of the Christiansen Trail, which stretches 10.7 miles from end to end. From the 7th Street trailhead, hikers can get great views of Shaw Butte and North Mountain by walking west .5 miles from the parking lot. A water catchment with interpretive signage is located .25 miles west along the same trail. This is a good area for wildflower viewing February through April. Longer hikes are an option in either direction. Water and a shade ramada are available at the trailhead.

**PHOENIX MOUNTAINS PARK & REC. AREA**

**Trail 304 – Piestewa Peak Nature Trail**

**Distance:** 1.4 miles one way

**Rating:** Easy to Moderate

**Directions to trailhead:** Enter the area at Squaw Peak Drive off of Lincoln Drive, just east of 22nd Street. Drive to the end of the road and park in the far lot. Please note that this area is very crowded on weekends as well as the early morning and evening on weekdays. Parking will be more readily available during off-peak times. This loop offers great views of Piestewa Peak and other secluded areas near the trailhead. A restroom and drinking fountain are located near the trailhead.

**PAPAGO PARK**

**West Park Drive**

**Distance:** 1.2 miles one way

**Rating:** Easy

**Directions to trailhead:** West Park Drive is off of Galvin Parkway, between McDowell Road and Van Buren Street. There are several family-friendly hiking options on West Park Drive, including a .6 mile (one way) paved accessible trail and a 1.2 mile (one way) paved trail. Hikes in this area are generally in the easy range with little elevation gain. There is a large parking area with a bike rack, drinking water and picnic ramada. Restrooms are located on the east side of the park across Galvin Parkway. This area is open sunrise to sunset.

**SONORAN PRESERVE**

**Sonoran Loop Trail**

**Distance:** 3.8 mile

**Rating:** Moderate to Difficult

**Directions to trailhead:** Parking is available at W. Melvem Trail and W. Desert Vista Trail (East of N. North Valley Parkway). Open sunrise to sunset. No restrooms or water.