

Leave No Trace

Outdoor ethics for the frontcountry

KNOW BEFORE YOU GO

- Be prepared! Remember food, water, and clothes to protect you from the cold, heat and rain.
- Use maps to plan where you're going. Check them along the way so you'll stay on course and won't get lost.
- Remember to bring a leash for your pet and plastic bags to pick up your pet's waste.
- Learn about the areas you plan to visit. Read books, check online and talk to people before you go. The more you know, the more fun you'll have.

STICK TO TRAILS

- Walk and ride on designated trails to protect trailside plants.
- Do not step on flowers or small trees. Once damaged, they may not grow back.
- Respect private property by staying on designated trails.

TRASH YOUR TRASH AND PICK UP PET WASTE

- Pack it in, Pack it out. Put litter – even crumbs, peels and cores – in garbage bags and carry it home.
- Use bathrooms or outhouses when available.
- Use a plastic bag to pack out your pet's poop to a garbage can.
- Keep water clean. Do not put soap, food, human or pet waste in lakes or streams.

Desert Regulations

Phoenix mountain preserves are open, undeveloped desert areas. Hikers can encounter rocky terrain, rattlesnakes and other potential hazards native to the Sonoran Desert. Staying on trails and observing trail etiquette will help to ensure that your preserve outing is a safe one.

Always stay on a designated trail. Phoenix city ordinances prohibit trailblazing.

In general, bike riders yield to both hikers and horseback riders; hikers yield to horseback riders. However, for all trail users, downhill yields to uphill. Use common sense and courtesy while on the trails.

Announce your intentions and slow your pace when passing someone on the trails.

Destruction or removal of plants, animals, historical, prehistoric or geological sites are prohibited.



leave no trace
CENTER FOR OUTDOOR ETHICS

LEAVE IT AS YOU FIND IT

- Leave plants, rocks and historical items as you find them so others can enjoy them.
- Treat living plants with respect. Carving, hacking or peeling plants may kill them.

BE CAREFUL WITH FIRE

- Smoking permitted only in enclosed vehicle.

KEEP WILDLIFE WILD

- Observe wildlife from a distance and never approach, feed or follow them.
- Human food is unhealthy for all wildlife and feeding them starts bad habits.
- Protect wildlife and your food by securely storing your meals and trash.

SHARE OUR TRAILS AND MANAGE YOUR PET

- Be considerate when passing others on the trail.
- Keep your pet on a leash to protect it, other visitors and wildlife.
- Listen to nature. Avoid making loud noises or yelling. You will see more wildlife if you are quiet.
- Be sure the fun you have outdoors does not bother anyone else. Remember, other visitors are there to enjoy the outdoors too.

For more information on Leave No Trace, please visit www.LNT.org or call 1.800.332.4100

Park & Preserve Locations

Arizona Horse Lovers Park

19224 N Tatum Blvd
602.534.4656

Camelback Mountain

5950 N Echo Canyon Parkway
602.261.8318

Deem Hills

27500 N 39th Avenue
602.262.7901

Papago Park

625 N Galvin Parkway
602.261.8318

Phoenix Mountains Preserve

602.261.8318

Pueblo Grande Museum

4619 E Washington Street
602.495.0901

Rio Salado Habitat Restoration Area

641 W Buckeye Road
602.262.6863

Sonoran Preserve

W. Melvem Trail and W. Desert Vista Trail
602.262.7901

South Mountain Park

Main gate 10919 S Central Avenue
602.262.7393

Desert Parks and Preserves Information

natural.resources.pks@phoenix.gov or 602.495.5458
phoenix.gov/parks/index.html

This publication can be provided in an alternate format upon request.

Call 602.262.6862 (voice) or 602.262.6713 (tty), 602.534.3787 (fax), E-mail: receptionist.pks@phoenix.gov
The City of Phoenix does not carry accident insurance to cover participants. Involvement in any activity is done at the participant's own risk.

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City of Phoenix

PARKS AND RECREATION DEPARTMENT

Building healthy communities through parks, programs, and partnerships

TAKE A HIKE



There's more to hiking in Phoenix than fighting crowds on Piestewa Peak and Camelback Mountain. Our recommended hikes get you on great trails with plenty of elbow room.

Suggested Hikes

DEEM HILLS

Deem Hills Circumference Trail

Distance: 5.75 mile loop

Rating: Moderate to Difficult

Directions to trailhead: West side - Deem Hills Park Located at 51st Avenue and Deem Hills Parkway (north of Happy Valley Rd). Restrooms and water available.

East side - 27500 N 39th Avenue (N 39th Ave and W Pinnacle Vista Rd). No restrooms or water.

LOOKOUT MOUNTAIN

Trail 308 – Lookout Mt. Circumference Trail

Distance: 2.6 mile loop

Elevation gain: 150 feet

Rating: Easy to Moderate

Directions to trailhead: From Cave Creek Road and Sharon Drive (1.5 miles south of Greenway) go west to 18th Street (.5 mile) then north to Lookout Mountain Park. This trail makes a loop around Lookout Mountain; with a small spur trail - Trail 150 to the summit of the mountain. Views of nearby Shadow Mountain, North Mountain and Shaw Butte can be seen from these trails.

RIO SALADO HABITAT RESTORATION AREA

Hard-Surface Asphalt Trails max grade 4.5%

Distance: 10 miles total

Rating: Easy / ADA Accessible

Directions to the trailhead: The site, just 1.5 miles south of downtown Phoenix, provides an opportunity for wildlife and native vegetation to flourish. Trailheads are located along the Salt River at 7th Ave, Central Ave, 7th St, and 16th St. Restrooms and drinking fountains are available at 7th Ave, Central, and 7th St. Sunrise to sunset.

SOUTH MOUNTAIN PARK/PRESERVE

Holbert Trail

Distance: 2.1 miles one way

Elevation gain: 1,000 feet

Rating: Moderate to Difficult

Directions to trailhead: Enter South Mountain Park by taking Central Avenue south from Baseline Road. Take an immediate left turn after the gatehouse. Drive 1/4 mile to the Holbert Trail kiosk. Holbert Trail take you up to Dobbins Lookout. Make sure to follow the signs to the right when you get near the top. Return to the trailhead the same way. There is plenty of parking at the trailhead, and restrooms and water are available. Dobbins Lookout has one restroom and no water.

Kiwanis Trail

Distance: 1 mile one way

Elevation gain: 800 feet

Rating: Moderate

Directions to trailhead: Enter South Mountain Park at Central Avenue. Take entrance road straight past the first gatehouse and ranger station. The road will dip in to a major wash. Turn left coming out of the wash, and drive .25 mile to a fork in the road. Stay to the left, and drive .25 mile to the Kiwanis Trailhead. Kiwanis Trail takes you up to Telegraph Pass. There is parking at Kiwanis Trailhead and a restroom to the north. There is no water at Telegraph Pass. Hikers can get water at the ranger station.

NORTH MOUNTAIN

Trail 100 – Christiansen Memorial Trail

Distance: 10.7 miles one way

Elevation Gain: 790 feet

Rating: Easy to Moderate

Directions to trailhead: Large parking area located at the North Mountain Visitors Center on the west side of 7th Street, between Peoria and Thunderbird roads. Many users choose to hike or bike sections of the Christiansen Trail, which stretches 10.7 miles from end to end. From the 7th Street trailhead, hikers can get great views of Shaw Butte and North Mountain by walking west .5 miles from the parking lot. A water catchment with interpretive signage is located .25 miles west along the same trail. This is a good area for wildflower viewing February through April. Longer hikes are an option in either

direction. Water and a shade ramada are available at the trailhead.

PHOENIX MOUNTAINS PARK & REC. AREA

Trail 304 – Piestewa Peak Nature Trail

Distance: 1.4 miles one way

Rating: Easy to Moderate

Directions to trailhead: Enter the area at Squaw Peak Drive off of Lincoln Drive, just east of 22nd Street. Drive to the end of the road and park in the far lot. Please note that this area is very crowded on weekends as well as the early morning and evening on weekdays. Parking will be more readily available during off-peak times. This loop offers great views of Piestewa Peak and other secluded areas near the trailhead. A restroom and drinking fountain are located near the trailhead.

PAPAGO PARK

West Park Drive

Distance: 1.2 miles one way

Rating: Easy

Directions to trailhead: West Park Drive is off of Galvin Parkway, between McDowell Road and Van Buren Street. There are several family-friendly hiking options on West Park Drive, including a .6 mile (one way) paved accessible trail and a 1.2 mile (one way) paved trail. Hikes in this area are generally in the easy range with little elevation gain. There is a large parking area with a bike rack, drinking water and picnic ramada. Restrooms are located on the east side of the park across Galvin Parkway. This area is open sunrise to sunset.

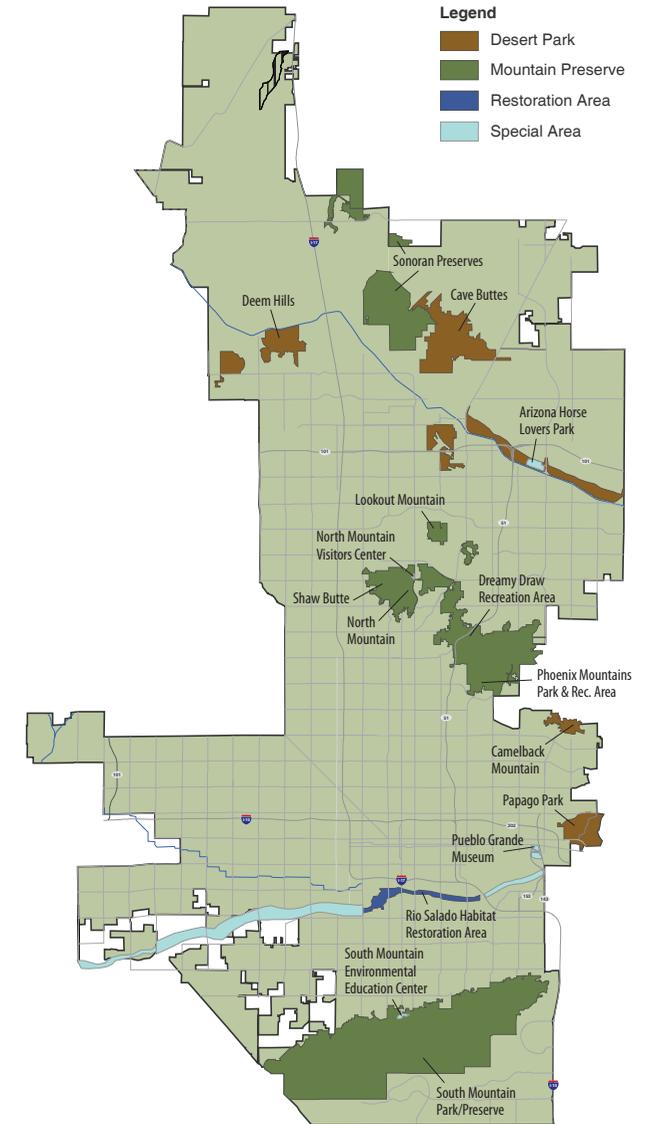
SONORAN PRESERVE

Sonoran Loop Trail

Distance: 3.8 mile

Rating: Moderate to Difficult

Directions to trailhead: Parking is available at W. Melvem Trail and W. Desert Vista Trail (East of N. North Valley Parkway). Open sunrise to sunset. No restrooms or water.



Pima Canyon Parking

Car pooling is always appreciated and other trailhead parking is offered at Beverly Canyon Trailhead (46th Street south of Baseline) with 30 spaces and an additional 100 spaces on a privately owned parking lot just to the north. Furthermore, over 1000 parking spaces are located at the main park entrance at Central Avenue and Dobbins.